

RESEARCH ARTICLE

## ***Schistosoma mansoni*-Hepatitis B co-infection among adult patients with periportal fibrosis: a cross sectional study**

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### ABSTRACT

**Objectives:** Chronic *Schistosoma mansoni* infection is a common cause of periportal fibrosis in Sub Saharan Africa. About 20 million people are suffering complications of chronic *S. mansoni* infection with an annual mortality of 0.2million people. The outcome of periportal fibrosis is highly modified by hepatitis B co-infection which may cause a rapid progression to fibrosis and decompensation. In Tanzania both *S. mansoni* and hepatitis B are highly endemic; however, the co-infection among patients with periportal fibrosis in the hospital setting has not been described.

**Methods:** A cross-sectional study was done among patients with *S. mansoni* related periportal fibrosis at Bugando hospital. A minimum sample of 193 patients was calculated and, patients' clinical, laboratory, ultrasound and endoscopic data were analyzed using STATA 13. The prevalence of *S. mansoni*-hepatitis B co-infection was calculated and its correlates were determined by logistic regression model.

**Results:** In total 250 patients were analyzed in this study and, 40 (16.0%) were found to have *S. mansoni*-Hepatitis B co-infection who were more likely to have higher AST levels, (58 vs. 38U/L; OR: 1.03; p=0.033), higher APRI levels, (1.8 vs. 1.05; OR: 2.1; P=0.03); ascites, (OR: 2.9; p=0.049) with higher mortality, (OR: 2.9; p=0.032).

**Conclusions:** The *S. mansoni*-Hepatitis B co-infection is common among patients with periportal fibrosis. The correlates found in this study, suggest that co-infected patients are more likely to have a severe liver injury with increased risk of severe fibrosis, decompensation, and mortality. Regular screening for hepatitis B and vaccination of people at-risk is highly suggested in this study. *J Microbiol Infect Dis* 2020; 10(3):136-143.

**Keywords:** Periportal fibrosis, Active *S. mansoni*, Hepatitis B co-infection, APRI score

### INTRODUCTION

Schistosomiasis is a parasitic disease affecting more than 240 million people globally and it is of particular importance in Sub Saharan Africa (SSA). More than 90% of the global burden of schistosomiasis is concentrated in SSA where *Schistosoma mansoni* is the commonest [1]. About 54million people are infected by *S. mansoni* and 400million are at risk of infection. Most people are chronically infected and over 20 million are estimated to be suffering from complications of chronic *S. mansoni* infection with high mortality. Every year nearly 0.2 million loss of lives in Sub Saharan Africa is attributable

to complications of chronic *Schistosoma mansoni* infection (1,2).

Tanzania is the second most affected country in SSA where *Schistosoma mansoni* is highly endemic in Lake Zone part of the country [3,4]. In the lake zone part of Tanzania, high transmission of *S. mansoni* still occurs especially in communities that are engaged in freshwater activities like fishing [1,5] and most people are chronically infected. Community-based studies indicate that up to 42% of studied participants were found to have *S. mansoni* associated periportal fibrosis [6,7]. In the hospital setting, periportal fibrosis is a common cause of morbidity and mortality in the Lake Zone part of

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our country. for instance in 2014 Awilly et al. indicated that 70% of patients who were admitted due to hematemesis at Bugando had bleeding varices and about 60% of them had associated active *S. mansoni* infection and about 13 (14.3%, n=91) participants died within 2 months of diagnosis [8].

The outcome of people with periportal fibrosis is influenced by several factors including hepatitis co-infection. Literatures suggest that the co-infection of Hepatitis B virus (HBV) with *S. mansoni* may elongate the carriage state and it frequently proceeds to chronic hepatitis with extensive cirrhosis [9,10], thus increasing the risk of morbidity from liver decompensation. Hepatitis B infection is highly prevalent in countries where *S. mansoni* is also highly endemic. Prior studies among patients with periportal fibrosis in Africa indicated that 16-33% had *S. mansoni*-HBV co-infection [11,12]. In Tanzania, both HBV and *S. mansoni* are exceedingly common, however, published data regarding these two co-infections and its correlates are still scarce. This information is important in plans aiming at improving the outcome of this subgroup of patients in areas similar to our setting.

## METHODS

This was a clinic-based cross-sectional study using retrospective data involving all adult patients with periportal fibrosis diagnosed between January 2015 and December 2018 at Bugando Medical Center (BMC). BMC is a university teaching hospital which is operating under super-specialized units since 2015. Gastroenterology and hepatology is one of the units under internal medicine with periportal fibrosis and cirrhosis being some of the common causes of specialist consultation.

The periportal fibrosis was diagnosed sonographically as done previously [13]. Details regarding portal vein and splenic diameters and presence or absence of ascites were documented. Diagnosis of active *S. mansoni* was based on positive Urine for Circulating Cathodic Antigen (CCA) or stool Kato Katz (KK). The diagnosis of HBV was based on a positive rapid test for HBsAg. Markers of liver injury i.e. Aspartate aminotransferase (AST) and Alanine aminotransferase (ALT), serum albumin and Full blood picture (FBP) were also done. All patients

underwent upper digestive tract endoscopy to assess the presence of esophageal varices and were prescribed on biannual praziquantel (PZQ). Propranolol was added if patients had small varices and large varices were additionally band ligated.

A minimum sample size of 193 was estimated from two sample proportion formula, assuming hepatic decompensation will commonly lead to higher mortality of around 64% among Periportal Fibrosis patients co-infected with hepatitis B with a mortality difference of 15% [14]. A clinic registry was used to identify all patients who were diagnosed to have PPF at BMC during the study period. Registration numbers were noted and patients' files were retrieved. Socio-demographic data, clinical presentation like abdominal distension, hematemesis and melaena, Ultrasound (UTS) details including spleen diameter (SPD), portal vein diameter (PVD) and ascites; test results for *S. mansoni*, FBP, AST, ALT and serum Albumin, endoscopy results and survival status (alive or death) were retrieved for analysis.

Data were computerized using Epi data version 3.1 and STATA version 13 (Stata Corp LP, college station, TX) was used for analysis. Continuous variables were summarized as medians with interquartile range (IQR), while categorical variables were summarized as proportions with percentages. AST to platelet count (PTC) ratio index (APRI) was calculated as done previously [15]. *S. mansoni*-HBV co-infection was calculated and expressed as a percentage with 95% Confidence Interval (CI) and its correlates including markers of liver inflammation (AST, ALT), fibrosis (APRI values), decompensation (ascites, serum albumin) and death were assessed. The odds ratio (OR) with 95%CI was calculated by univariate followed by a multivariate logistic regression model to assess the degree of correlation between various factors and the outcome of interest. Factors with  $p < 0.2$  on the univariate model were subsequently included in the multivariate model. Factors were considered to have an independent correlation with the outcome of interest if the  $p$ -value was  $< 0.05$ . The goodness of fit for the final logistic model was assessed by Hosmer-Lemeshow and the area under the receiver operating characteristics (ROC) curve,

Hosmer-Lemeshow chi-square and p-value were reported.

### Ethical Clearance

The permission to conduct and publish the findings from this study was sought from the catholic university of health and allied sciences (CUHAS)/BMC joint ethical committee with an ethical clearance certificate number 907/2019. The patients' information was handled by the researcher alone and their identifiers including names and registration numbers were not included in the final analysis to further maintain confidentiality.

## RESULTS

### General Characteristics

In this study, a total of 250 patients with periportal fibrosis were analyzed. The majority, 180 (72.0%) were male participants with a median age of 41 (IQR: 33 to 51) years and most of them, i.e. n=215 (86.0%) were married. Patients commonly presented with abdominal distension, i.e. n= 171 (68.4%) and less than a third, i.e. n= 79 (31.6%) presented with overt upper gastrointestinal hemorrhage. The median Albumin, AST and ALT were 30.0 (IQR: 25.0 to 34.0) g/L, 38 (IQR: 26.0 to 55.0) U/L and 35 (IQR: 23 to 55) U/L respectively. On ultrasound, the median PVD and SPD were 1.5 (IQR: 1.4 to 1.7) and 17 (IQR: 15 to 18) cm respectively and 141 (56%) patients had ascites. Endoscopically about 108 (43.2%) participants had esophageal varices (Table 1).

Prevalence and correlates of hepatitis co-infection among 250 study participants

Of the 250 analyzed patients, about 222 of them (88.8%; 95%CI: 84.2 to 92.4) were found to have a positive test for *S. mansoni*, whereas about 44 of them (17.6%; 95%CI: 13.1 to 22.9) had positive HBVsAg test. Of all respondents about 40 (16.0%; 95%CI: 11.6 to 21.1), patients were co-infected with *S.mansoni* and HBV in this study (Figure 1). On multivariate analysis the patients with *S. mansoni*-HBV co-infection were more likely to have liver damage with higher median AST levels, (58U/L vs. 38U/L; OR: 1.03; 95%CI: 1.0 to 1.1; p=0.033); an increased risk of liver fibrosis with higher median APRI score,

(1.8; vs. 1.05; OR: 2.1; 95%CI: 1.1 to 3.9; P=0.03); decompensation with ascites, (OR: 2.9; 95%CI: 1.1 to 8.3; p=0.049) with higher odds of mortality, (OR: 2.9; 95%CI: 1.4 to 7.8; p=0.032). The distribution of other factors was not different statistically (Table 2) and the test for the goodness of fit of the final model did not demonstrate any gross lack of fit, (area under ROC curve: 0.8401; Hosmer-Lemeshow chi-square (8): 8.2; p=0.4138) (Figure 2).

Table 1: Study characteristics among 250 participants with *Schistosoma* periportal fibrosis

Variable	N (% or median)
<b>Socio-demographic</b>	
Male gender	180 (72.0)
Age (years)	250 (41, [33-51])
Married	215 (86.0)
Peasants	197 (78.8)
Engaging in Fishing	24 (9.6)
Lake contact report	238 (95.6)
Alcohol use report	123 (49.2)
<b>Clinical presentation</b>	
Abdominal distension	171 (68.4)
Upper GIT bleeding	79 (31.6)
<b>Laboratory results</b>	
Platelet count ( $10^3/\mu\text{L}$ )	250 (88.5 [66-128])
Hemoglobin (g/dL)	250 (7.5 [5.4-9.3])
Albumin (g/L)	199 (30.0 [25.0-34.0])
ASAT (U/L)	250 (38 [26.0-55.0])
ALAT(U/L)	250 (35 [23-55])
<b>Ultrasound results</b>	
Portal vein diameter (cm)	250 (1.5 [1.4-1.7])
Splenic diameter (cm)	250 (17 [15-18])
Ascites	141 (56.4)
<b>Endoscopy Results</b>	
Esophageal varices present	108 (43.2)
No esophageal varices	142 (56.8)

APRI=Aspartate aminotransferase platelet count ratio index; cm=Centimeter, GIT=Gastrointestinal tract, IQR= interquartile range,  $\mu\text{L}$ = micro liter, U/L= Units per liter

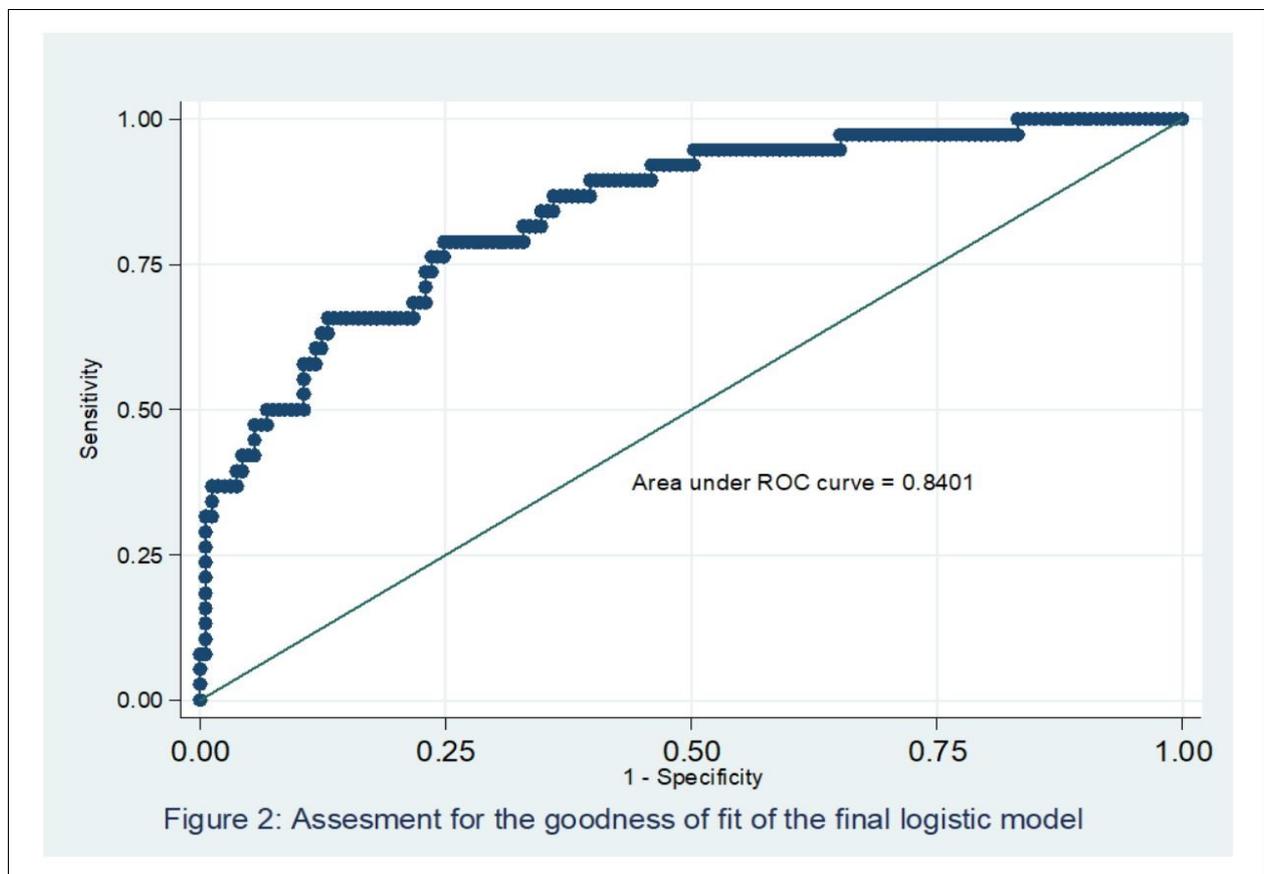
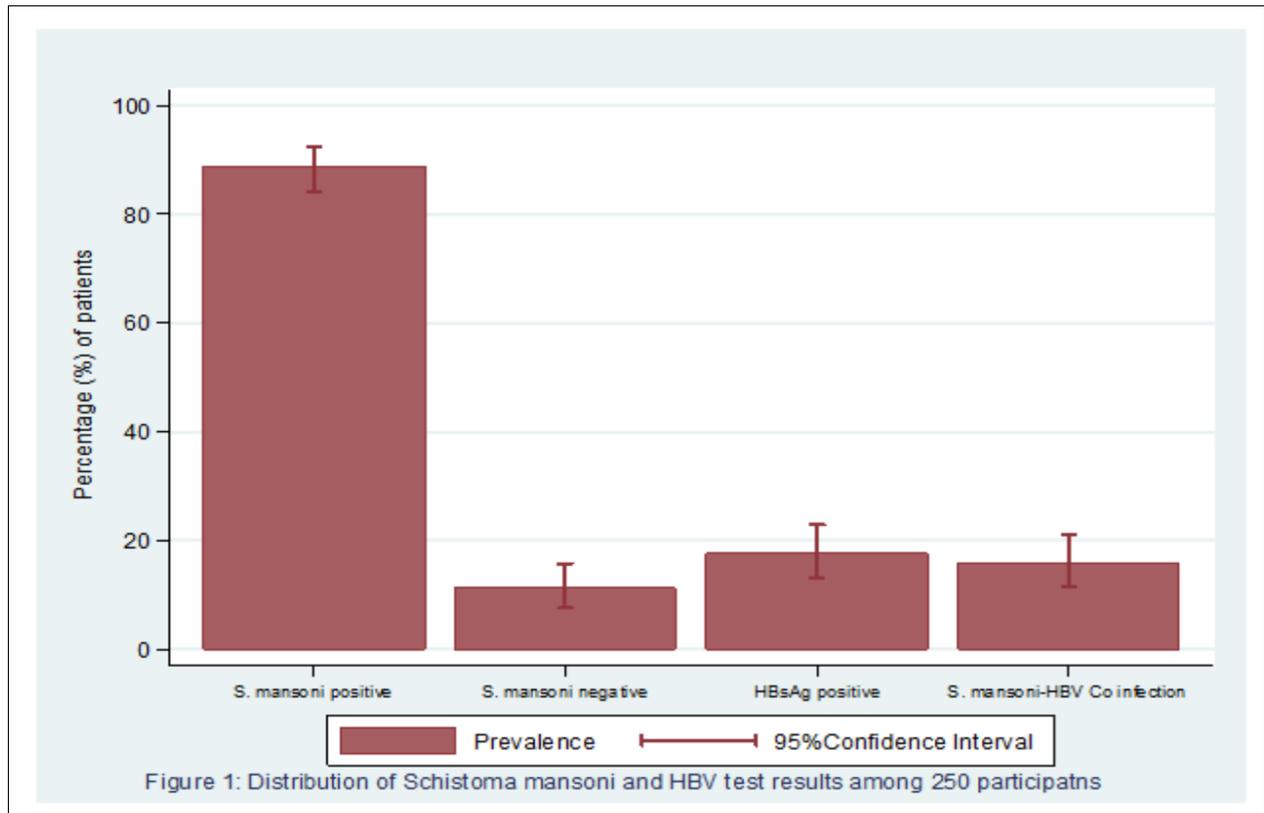


Table 2. Correlates of *S. mansoni*- HBV co-infection among 250 patients with periportal fibrosis.

Variables	Schistosoma-HBV co-infection		Un adjusted		Adjusted	
	No (n=210)	Yes (n=40)	OR (95%CI)	p-value	OR (95%CI)	p-value
Gender (Male)	149 (70.9)	31 (77.5)	1.4 (0.6-3.1)	0.400		
Age, (years)	41 [34-51]	37 [32-53]	1.0 (0.9-1.01)	0.683		
Married	27 (12.9)	8 (20.0)	1.0 (0.2-1.4)	0.237		
Taking alcohol	99 (47.1)	24 (60.0)	1.7 (0.8-3.3)	0.139	1.3 (0.6-3.2)	0.488
Engaging in Fishing	21 (10.0)	3 (7.5)	0.7 (0.2-2.5)	0.624		
UGIT bleeding	52 (24.8)	12 (30.0)	1.3 (0.6-2.7)	0.487		
SPD (cm)	17 (15-18)	17 (16-18)	1.1 (0.9-1.2)	0.341		
PVD (cm)	1.5 [1.4-1.7]	1.51[1.2-1.6]	0.5 (0.2-1.3)	0.260		
Liver injury/fibrosis						
ASAT(U/L)	38 [24-48]	58 [40-116]	1.02 (1.01-1.03)	<0.001	1.03 (1.0-1.1)	0.033
ALAT(U/L)	33.5 [21-52]	49.5 [34-77]	1.01 (1.0-1.02)	0.001	0.98 (0.9-1.0)	0.084
APRI score	1.05 [0.6-1.6]	1.8 [1.3-2.7]	3.5 (2.1-5.5)	<0.001	2.1 (1.1-3.9)	0.030
Ascites	107 (50.9)	34 (85.0)	5.5 (2.2-13.5)	<0.001	2.9 (1.1-8.3)	0.049
Albumin (g/L)	30.1[27.8-41.5]	30 [24-33]	1.04 (1.0-1.1)	0.058	1.03 (1.0-1.1)	0.218
Esophageal Varices	90 (42.9)	19 (47.5)	1.2 (0.6-2.3)	0.588		
Outcome (Died)	26(12.4)	12 (30.0)	3.0 (1.3-6.6)	0.006	2.9 (1.4-7.8)	0.032

## DISCUSSION

The objective of this study was to determine the prevalence and correlates of *Schistosoma mansoni*-Hepatitis B co-infection among patients diagnosed with periportal fibrosis. In total, 40 (16.0%) patients had *S. mansoni*- Hepatitis B co-infection in this study. The patients who had *S. mansoni*- Hepatitis B co-infection was more likely to have higher serum AST levels, higher APRI scores, and ascites with increased risk of mortality.

The prevalence of *S. mansoni*-Hepatitis B co-infection in this study is similar to a prevalence of 15.8% reported by Aquino et al. from Brazil [16], 16.1% reported in another study by Berhe et al. in Ethiopia [17] and prevalence rate of 19.6% reported earlier in 1991 by El-Sayed et al. from Egypt [18]. However, the prevalence of *S. mansoni*-Hepatitis B co-infection in the current

study is lower than the prevalence rate of 25.4% reported in a recent study from rural part of China [19]; 33.0% that was reported earlier in 1997 in a study from Egypt [12] and 58.4% reported in another study by Du et al. from China in 2013 (20). On the contrary, the prevalence in the current study is much higher as compared to the prevalence of 5.3% reported among patients with PPF earlier in Ethiopia [11].

Several factors were assessed for their independent correlation with *S. mansoni*-Hepatitis B co-infection in this study. Patients with *S. mansoni*-Hepatitis B co-infection were more likely to have elevated serum levels of markers of liver injury and higher APRI fibrosis score. These findings are consistent with the previous findings in a study done by Andrade et al. [21] and another study from Egypt [22]. These findings suggest that the *S. mansoni*-Hepatitis B co-infection increases the risk of

much severe liver inflammation, damage, and subsequent severe hepatic fibrosis.

Aquino et al. in their study, indicated that patients with *S. mansoni* related periportal fibrosis and hepatitis B co-infection were more likely to have decompensated liver disease which frequently presented with ascites, low serum albumin and coagulopathy [23]. Though coagulopathy wasn't assessed in this study, we similarly observed that patients who had *S. mansoni*-Hepatitis B co-infection were 2.9 times more likely to have ascites, with a tendency to towards having non-significant lower serum albumin levels (OR: 1.03,  $p=0.218$ ) as compared to the mono-infected counterparts.

While patients with *S. mansoni*-hepatitis B co-infection were more likely to be males in gender and taking alcohol in another study [21], this wasn't the case in our study where gender, alcohol and portal vein diameter had only a non-significant trend of association. A similar observation was also reported by Chisenga et al. among HIV patients who had both *S. mansoni* and hepatitis B co-infection. In this study, the *S. mansoni*-hepatitis B co-infection had non-significant trends with male gender but also a non-significant trend towards having a large portal vein in their study participants [24].

The odds of mortality in the current study were about 3 times higher among those who had *S. mansoni*-Hepatitis B co-infection as compared to mono-infected counterparts. Mortality has been reported previously to be considerably higher in this subgroup of patients similar to our findings [25]. Bassily et al. indicated that the mortality was significantly higher among *S. mansoni*-hepatitis B co-infected patients (64.0% vs. 22%) among those who were mono-infected [14] as compared to those who were mono-infected similar to our current findings (30.0% vs. 12.4%, AOR: 2.9;  $p=0.032$ ).

These findings suggest that the *S. mansoni* and Hepatitis B co-infection is prevalent in this *Schistosoma* endemic area. The co-infection among patients with periportal fibrosis is rather a serious clinical entity that is associated with increased risk of severe liver damage, fibrosis, decompensation, and mortality. On clinical grounds, this presents a very challenging situation where both the prevention and treatment of the co-infection is difficult still in our setting [26]. The available treatment modalities for HBV with a positive effect among *S. mansoni* co-infected patients like Entecavir and Pegylated

IFN [27,28) are still extremely expensive as potential treatment options in our setting.

Otherwise regular screening for the co-infections is highly suggested in this study. These patients should be on regular PZQ doses as pre-primary prevention as PZQ has been shown to reverse the PPF significantly [29,30). Vaccination against HBV in these patients should highly be considered. Based on a review in Tanzania, HBV seroprevalence is lowest among children most likely due to the wide coverage of hepatitis B vaccination as per the expanded program of immunization in the country. Adult blood donors have the highest HBV seroprevalence of 10-21%, and this emphasizes a call for universal screening and vaccination against HBV in all adult populations in the country [31).

This study is liable to several limitations. It is a single-center study thus its findings may not be generalizable. Being retrospective some information couldn't be retrieved including severity grading of liver fibrosis, bleeding indices and hepatitis panels. Otherwise, this is the first study to describe *Schistosoma mansoni* and hepatitis B co-infection in hospital-based patients in Tanzania and thus the results are highly important in devising strategies to improve the future outcome of these patients.

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Ethical clearance was obtained with certificate no 907/2019

**Authors' contributions:** DWG, EFM, HDM & SBK: participated in the conception, designing of the study and acquiring the data; DWG & BRK did data analysis and interpretation; DWG: did manuscript drafting. All the authors critically reviewed the manuscript for its intellectual content and approved the final version.

**Declaration of Conflicting Interests:** The authors declare that they have no conflict of interest.

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